

Dear Trail Enthusiast,

This email contains essential information about the CTU'25 BIB Expo, Event Venue, Stay, Reporting & Start Time, Route Map, Cut-off Timing, Must carry items, Completion certificate and Food coupons. **Please read it carefully.**

BIB Expo Details

- **Date & Time:** September 06, 2025 (Saturday) - 09:00 AM to 04:30 PM
- **Venue:** [Aarthi Mahal - Vadapalani](#)
- **Address:** Jawaharlal Nehru Salai, Thirunagar, NGO Colony, Vadapalani, Chennai – 600026.

BIB Distribution @Event Venue: [Dr. Ambedkar Football Ground, Erumaivettipalayam](#)

- September 6, 2025 (Saturday evening) - 8 PM - 10:00 PM and
- September 7, 2025 (Sunday morning) - 4 AM to 5:30 AM.

Important:

- Bring a valid ID proof to collect your BIB and T-shirt (no size exchanges allowed).
- BIB's are non-transferable.
- If someone else is collecting your BIB, they must provide an authorization letter and a copy of your ID. For those unable to collect their BIB during the BIB Expo, they can collect it at Start/Finish Point ([Dr. Ambedkar Football Ground, Erumaivettipalayam](#)) on September 06, 2025 (Saturday) from 8:00 PM to 10:00 PM, and September 07, 2025 (Sunday) from 4:00 AM until 30 minutes before each category start time.

Nearest Public Transport:

Bus Stop:

- C.M.B.T (M.G.R.Koyambedu) - approx. 2 km
- Arumbakkam Bus Stop

MetroStation:

- Vadapalani Metro: approx. 500 meters.
- Arumbakkam Metro: approx. 700 meters

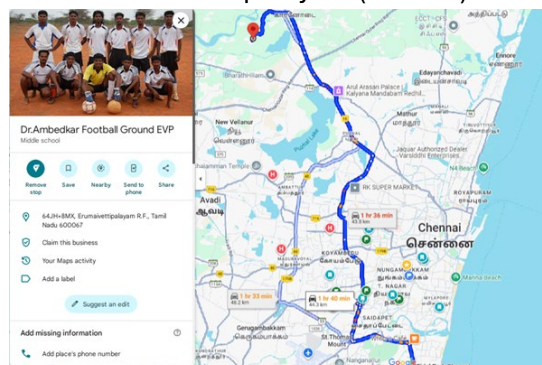
Reaching Event Venue

Start / Finish - [Dr. Ambedkar Football Ground, Erumaivettipalayam](#)

Public transport to the venue.

Option 1: If you are planning to reach on Saturday and camp at the venue, travel by public transport is possible, take the bus from Red Hills to Erumaivettipalayam– Bus Route 57H, 114E - approx 1 hour frequency, first Bus – 5:00 AM & Last Bus – 8:30 PM.

Option 2: Alternatively, if taking any other bus from Redhills, one must get down at Karanodai junction and get a shared auto to Erumaivettipalayam (~ Rs.20).



Reporting

- Reach the venue ([Dr. Ambedkar Football Ground, Erumavettipalayam](#)) safely. There will be sign boards for better guidance.
- Park in designated areas; do not block pathways.
- Baggage desk is available but minimize your luggage (one bag per BIB allowed) and keep valuables in your locked vehicle. Organizers are not responsible for lost or stolen items.
- Toilets are available at the ground—please keep them clean.
- Head to the open space for warm-up and stretching.
- Pre-race refreshments for 50km runners at the starting point.
- Hydration and First Aid stations will be available at the starting point.
- Volunteers will be on-site for assistance.



Overnight Stay

We have arranged basic shared accommodation (free) for approximately 100 runners at the venue, on Saturday (06-Sep), supported by the local community.

Spaces will include school classrooms, temples, and similar village facilities.

There is also the option to camp near the start point, where runners can set up their own tents if they wish to in the designated area only.

Anyone planning to stay at the venue, must fill the below form for better understanding of the organizers in planning the logistics for same.

<https://forms.gle/qMbFSRo2Cs7VcniV7>

Kindly bring below essentials to have smooth camping experience:

- Sleeping mat
- Pillow and blanket
- Torch
- Insect repellent (e.g., Odomos)
- Tent (for outdoor camping)

Note - Limited overnight stay arrangements are available at the venue for approximately 100 runners. **Priority will be given to outstation runners and only those who have submitted the Google form shared.**

If there are unfilled spots after accommodating the above category of runners, we will try to allocate the remaining spaces to others on a first-come basis, however, please note

- No additional space can be provided once the capacity is reached.
- The organizing team will not be able to assist with stay arrangements beyond the allotted spots.
- For safety and logistical reasons, camping will be strictly allowed only at spaces designated and allotted by the organizing team. Camping at any other location within or around the venue will not be permitted.

We request runners to kindly understand and cooperate, as this is of critical importance to the smooth conduct of the event.

No exceptions will be made.

Note: Only the space will be provided, no additional items will be supplied by the organizing team.

Runners looking for a hotel to stay can consider the following suggestions, which are about 15 Kms (30 mins drive) from the venue:

Hotel	Contact no.	Location
Lakshmi mahal (Near CholvaramBus Stop)	9941259878	https://maps.app.goo.gl/6iw3cQ2b27VLYSCa9?g_st=aw
KRK Guest House (Karanodai Bazaar)	9344514703 / 9443046269	https://maps.app.goo.gl/2gdcGNvbs1EQzPhn6?g_st=aw
AVR rooms (Near KaranodiBus Stop)		https://maps.app.goo.gl/jUqBYc7AZm4c4GVz8?g_st=aw
Sri Venkateshwara Rooms	9884480370	https://maps.app.goo.gl/Jvv9HpW7JQXTasdX8?g_st=aw
KRD Lodge (JanapanchatramKoot Road)	9710148345 / 9840472423	https://maps.app.goo.gl/AsvdCi5UxZCJwTfg6?g_st=aw
SAP Guest House	6381278391 / 8838004027	https://maps.app.goo.gl/pzzFkgoHjnzLR9dk9
Vijay Park - Madhavaram	044-71447788	https://maps.app.goo.gl/qXW7BvPUF4KLU6556

Reporting and Start Times (September 07, 2025)

Distance	Reporting Time	Start Time
50 km	4:00 AM	4:30 AM
32 km	4:30 AM	5:00 AM
16 km	5:15 AM	6:00 AM

Staggered Start for 16K: for the 16 km event, participants will be sent in batches with a 15-minute interval, starting at 6:00 AM, to ensure the safety of all runners due to the large number of participants.

Must-Carry Items:

- **50K & 32KM Runners:** A head torch is mandatory. Without it, you will not be allowed to start.
- **Barefoot Running:** Not recommended due to potential hazards.
- **Hydration Bag:** Aid stations & Water stations will be available through the course but weather at Chennai can be very humid, so hydration bag is strongly recommended.

Timing Chip:

- Ensure your timing chip does not get removed from the BIB.
- Run through timing mats at the Start/Finish points and any additional mats along the course.

Route Map:


The route map is attached along with this mail.

Finishing:


- **Medal:** Receive your finisher medal after crossing the finish line.
- **Post-Finish:** Proceed to the finisher banners for a photo.
- **Cool Down:** Utilize post-run cool-down and stretches at the Physio area.
- **Luggage:** Collect your luggage at the baggage desk.
- **Breakfast:** Proceed to the breakfast distribution area (runners to show BIB).

Eligibility for Medal / e-Certificate

Important
Runners (all categories) finishing beyond above cut-off timings will not receive medal and finisher e-certificate.



Open (18-50 years)



Veteran (51+ years)


Cut Off Timings					
Category	Start Time	Open Men	Open Women	Veteran Men	Veteran Women
50 km	4:30 am	07:30 hours	07:30 hours	08:00 hours	08:00 hours
32.2 km	5:00 am	05:30 hours	06:00 hours	06:00 hours	06:30 hours
16.1 km	6:00 am	02:45 hours	03:15 hours	03:15 hours	03:45 hours

*Intermediate cut-off/distance will be provided in the preparatory mail


For the 16.1 km event, participants will be sent in batches with a 15-minute interval, starting at 6:00 AM, to ensure the safety of all runners due to the large number of participants.

Completion Certificate:

- Runners completing their run within the above Cut-off timings will receive a Chennai Trail Ultra 2025 finishing medal.
- Separate post-run rankings will be published for male/female under the below mentioned categories:



Open (18-50 years)



Veteran (51+ years)

- We will also provide e-certificates within a few days after the event with your finish timing.
- Always listen to your body and stop if you feel exhausted or have any body pains.

Important
Note that completing a marathon is more important than winning.

Food Coupon

- One meal (either Breakfast / Lunch on Sunday) is included in the registration fee.

- Additional Breakfast Coupons for friends/relatives can be purchased at ₹120 each via <https://rzp.io/rzp/CTU2025>
- Coupons purchased for friends/relatives can be collected during BIB collection.

● **Sunday Breakfast (September 07 2025):**

Ø Available from 7:30 AM to 10:30 AM.

Ø Free for runners.

Ø Breakfast Coupons purchased for friends/relatives to be provided to the volunteer at the Breakfast Distribution point.

● **Sunday Lunch (September 07 2025):**

Ø Available from 11:00 AM to 1:00 PM.

Ø Free for runners finishing after 11:00 AM.

Our Event Partners

Description	Sponsor Name
Performance Partner	Vital Insights
Cycling Partner	5am Bicycle Studio
Innovation Partner	Innowave
Hydration Partner	Crystal Health Care
Physio Partner	Kinesis Sports Medicine Centre
First Aid Partner	Alert NGO
Refreshment Partner	Coffee Shastra
Social Initiative	Chennai Red Knights
Green Partner	Ainthinai
Technology Partner	Calibraint
Hospital Partner	Rela Hospitals
Movement Partner	Xparig
Medi-Aid Partner	Healers Nutraceuticals

Thank you for registering for the Chennai Trail Ultra 2025 Edition. We look forward to providing you with an extraordinary trail experience near the beautiful Sholavaram Lake.

We look forward to meeting you on the event day!

Happy SMILES and More MILES!

Regards,

Team Chennai Trail Club

www.chennaitrailclub.in

[WhatsApp](#)

[#Instagram#Facebook](#)